

**Sandy Mush Community Center
Community Meeting**

Agenda

Tuesday, August 16, 2022

Call to Order – President Amy Surrett (6:00 pm)

Opening words and introductions – All (5 minutes)

Minutes and Financial Reports: 10 minutes

- Minutes – Bruce Larson (5 minutes)
- Financial Reports – Bruce Larson (5 minutes)

New Business: 55 minutes

- Seniors Outreach Project – Lisa Beth Ackerman (5 minutes)
- Code of Conduct Discussion – All (50 minutes)

Written Reports and Status Updates: 10 minutes

- Youth Report – Peggy Baldwin
- Food Pantry Report – Peggy Baldwin
- Various Projects – Bruce Larson

Community Announcements and Public Comment: 10 minutes

Adjournment – President (7:30 pm)

**Sandy Mush Community Center
Board of Directors and Volunteers Code of Conduct**

The Board and volunteers at SMCC are committed to problem solving strategies that emphasize openness, transparency and accountability. As Board members and volunteers, we are committed to swift, direct and honest approaches to resolving conflict, with one overriding objective: work it out and move on.

As a Board member or volunteer:

1. I will see that SMCC is operated in a manner that upholds the Center's integrity and merits the trust and support of the community.
2. I will comply with all applicable laws and regulations that pertain to SMCC's ability to accomplish its mission.
3. I will treat others with respect, doing for and to others as I would have done for and to me in similar circumstances.
4. I will be a responsible and transparent steward of SMCC's resources.
5. I will take no actions that could benefit me financially at the expense of SMCC, avoiding even the appearance of conflict of interest.
6. I will carefully consider the public perception of my personal actions, and the effect my actions could have, positively or negatively, on SMCC's reputation in my community and elsewhere.
7. I will commit to resolve conflicts that may arise in my work as a Board member or volunteer, remaining flexible to a variety of viewpoints and solutions.
8. When conflict arises, I will commit to a problem-solving approach as outlined in our Conflict Resolution process. I will use respectful language while participating in developing solutions and a way forward.
9. When conflict arises, I will communicate directly with those involved, rather than using email groups and social media.

I have read this statement.

Agreement between Big Sandy UMC & Sandy Mush Community
Center for Senior Citizens Community Outreach Project

16 August 2022

With a shared vision for outreach to our senior neighbors, Big Sandy United Methodist Church and Sandy Mush Community Center enter into this cooperative agreement:

1. Grant funds for this project will be managed by the Treasurer of Big Sandy UMC. Funds will be held in a designated account, used exclusively for this project. Financial reports will be made available to the Community Outreach Team and budgeting decisions will be made by a quorum of the Community Outreach Team. The COT has nine members, with five constituting a quorum.
2. Programs using the facilities of Sandy Mush Community Center will adhere to the building use policies of SMCC.
3. The Community Impact Team will include representation from both BSUMC and SMCC. If needed, decisions can be made by the pastor, the treasurer and a representative of the SMCC.
4. The Staff-Parish Relations Committee of Big Sandy UMC will provide supervision for the Community Nurse position.
5. Volunteers for the volunteer transportation program will receive training through Buncombe County Council on Aging. Background checks will be completed on transportation volunteers by Buncombe County Council on Aging.
6. Both organizations will keep liability insurance in effect throughout the duration of the project.

Food Pantry Report

July and August 2022

July: 76 Households served/ 237 Individuals

August: 72 Households served/ 196 Individuals. Seniors 60 years or older comprised 37% of the individuals served.

Food Pantry was awarded an additional grant of \$500 in gift cards from Food Lion Feeds to help with the added cost of food and numbers being served at food pantry.

A cash grant for \$4,800 was submitted to the Community Grant program at Food Lion Feeds to help with the purchase of healthy proteins and food. We will be notified about that grant in November.

A check for \$740 will be forthcoming from the Council of Aging to support the Food Pantry in its role of providing food to seniors. John Loyd initiated the contact with the Council via his participation with the SMCC Seniors Connection Project. Jean Larson worked with the Council to obtain the funds.

We are thankful for the monthly produce from our local Full Sun Farm this season.

Youth Report

July and August 2022

The summer has been very active and fun at SMCC. Each Monday Playgroup has been filled with activities led by the parents including Water Days, Art Days, Field Days, Challenge Games.

The Tuesday Learning Fun days are every other week now. A special Summer literacy program, Diving Into Reading, has worked with three groups of children - preschool, early elementary age and older elementary age. The groups have read books at home and come together to share stories with one another, complete art projects from their reading to learn about characters, settings, plot, symbols and themes in reading. This program added over \$800 in new award winning children and youth books to the SMCC Library funded by Dollar General Literacy Foundation.

The Youth programs have added at least four new families this summer and several older siblings who were able to participate while out of school.

Two parents in the youth program would like to try an afternoon open play at SMCC for elementary and middle school age youth. They plan to open SMCC Thursday afternoons from 3:30 to 5 beginning September 15 for some structured games such as pickle ball, badminton, soccer. At this time, they would like a parent or responsible adult to attend with each family of children.

Sandy Mush Seniors Connection Luncheon and Mobile Clinic

Thursday August 25th, 2022

Mobile Clinic: 10:00am-4:00pm
Sandy Mush Community Center Parking lot

Meal & Program: 11:00am-1:00pm
Sandy Mush Community Center Community Room

Join the Sandy Mush Community Outreach Team for a meal followed by a presentation about fall prevention by the Buncombe County Council on Aging. The Outreach Team is also proud to host the WNC Community Health Services' Mobile Clinic. This is an opportunity to receive both medical and dental services.

The Sandy Mush Community Outreach team is a collaboration between members of Big Sandy United Methodists Church and the Sandy Mush Community Center. The Outreach Project is funded by the Duke Endowment Grant through the NC Rural Center.



Western North Carolina Community Health Services



MINOR ILLNESSES

- Cough & bronchitis
- Ear infection & earaches
- Flu-like symptoms
- Gout treatment
- Heartburn & indigestion
- Nausea, vomiting & diarrhea
- Sinus infection & congestion
- Sore & strep throats
- Upper respiratory infection
- Urinary tract & bladder infections
- General medical exams
- Dermatitis, rashes, & skin conditions

SCREENING & MONITORING

- High blood pressure evaluation
- Diabetes screening & management
- High cholesterol screening & management
- Asthma monitoring
- Basic health screening

WELLNESS & PHYSICALS

- Physicals: School, sports, and camp (bring needed paperwork)
- TB testing
- Smoking cessation
- Flu Vaccines

WOMAN'S SERVICES

- Birth control
- Well Woman Exams
- Pregnancy evaluation

828-285-0622
WWW.WNCCHS.ORG

Various Projects

Swannanoa Welcome Table Donation. The equipment and other materials donated to SMCC and Big Sandy UMC were delivered by Union Transfer and Storage of Arden on Wednesday, August 3rd. They were of great help in moving the items donated by the Swannanoa Welcome Table into their most probable locations. Also, members of the Welcome Table joined us for the move-in and provided closure after the work was done. Many thanks to the members of the Welcome Table in passing on the baton of their good work.

Gym Lights. Earlier this year SMCC received a grant of \$3,420 from the Buncombe County Recreation Department to replace the ceiling lights in the gym. Due to cost increases since the initial quote, the installation price has increased to \$3,738. The difference between these two amounts—\$318—has been requested from the Recreation Team.

Installation of the lights will take place on Wednesday, August 17th. Grigg Electric will be doing the installation.

Free Covid tests. Terri Wells has informed the Center that free Covid tests are available to those with 28748 mailing addresses. The tests can be obtained online in a process that take about a minute to complete. The NC Department of Health and Human Services is involved. Here is the link:

<https://www.accesscovidtests.org/>

Free tests are also available at

<https://www.covid.gov/tests>

if you have not received them three times before.

As we all know, COVID is still very much in the environment. Timely testing can help prevent communicating this disease to others.

Come to Leicester Artist Studio Tour. SMCC is one of the venues for the 17th Come to Leicester Tour. Set-up for the seven artists exhibiting here is on Friday, August 19th, with the Tour taking place on Saturday, August 20th, and Sunday, August 21st from 10:00 am to 5:00 pm. SMCC is a sponsor of this event. Please come out and support our local artists!